


STRANDŽANSKO HORO
Zazviri Kirju Kaldarum

Bulgaria

TRANSLATION AND ORIGIN : Dance from Strandža region, Eastern Thrace, Bulgaria.

MUSIC : Cassette "BULGARIAN FOLK DANCES" -JL1987.01
by Jaap Leegwater.

METER : 2/4  or 

SOURCE : Learned by Jaap Leegwater from Dimitâr Dojčinov in Plovdiv, Bulgaria in the fall of 1980.

FORMATION : Half circle or lines.
Hands held in V-position.

INTRODUCTION : 8 measures

MEAS PATTERN

Part 1

- 1 facing and moving in LOD,
2 low running steps R,L (cts 1-2)
- 2 repeat action of meas 1
- 3 low and small leap on both ft together (ct 1),
hop on L ft, swinging R heel behind (ct 2)
- 4 repeat action of meas 1
- 5 repeat action of meas 3
- 6-20 repeat action of meas 1-5 four more times

Reference text for Part 1 :
Run-two-three-four, together-up, run-two, together-up

Part 2

- 1 turning body facing diag L off ctr,
step on R ft across in front of L ft (ct 1),
turning body facing diag R, hop on R ft (ct 2)
- 2 facing and moving diag R fwd,
step on L ft (ct 1), step on R ft next to L ft (ct 2)
- 3 step on L ft (ct 1), low leap on both ft together (ct 2)
- 4 still facing diag R but now moving bkwd,
lift of from both ft, landing on R ft (ct 1),
step on L ft (ct 2)
- 5 step on R ft next to L ft (ct 1),
turning body face ctr, small step on L ft
fwd (ct 2)

} Jemenite - step
LRL

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<u>MEAS</u>	<u>PATTERN</u>	<u>Part 1 (continued)</u>
6	facing ctr, dance in place, hop on L ft, lifting R knee in front (ct 1), stamp R heel, without wt, next L toes (ct 2)	
7	leap onto R ft, lifting L knee in front (ct 1) brush L heel fwd (ct 2)	
8	facing ctr, moving bkwd, hop on R ft, swinging L ft in an arc bkwd (ct 1), step on L ft behind R ft (ct 2)	} Reel-step
9	hop on L ft, swinging R ft in an arc bkwd (ct 1), step on R ft behind L ft (ct 2)	
10	jump on both ft together in place (ct 1), hop on L ft, lifting R knee in front when repeating Part 2 (ct 2) or, hop on L ft, swinging R heel behind and turning body face LOD when going back to Part 1 (ct 2)	
11-20	repeat action of meas 1-10	



Dance description by Jaap Leegwater
Presented by Jaap Leegwater at the Camillia Festival, Sacramento, CA in March 2010
<http://www.jaapleegwater.com>