

STĀPIL DOBRI

Bulgaria

BACKGROUND: This dance is named after the original song and melody to which it is performed *Stāpil Dobri*. The song is popular in both Trakia and Dobrudza. This variant is from Dobrudza and was originally introduced by Ivan Gavrilov, choreographer from Dobrič, Bulgaria. Similar dances from other parts of Dobrudža are known as *Talima* and *Ajšja*

ORIGIN & STYLE: Dobrudža (North-East Bulgaria). The style is, the woman's style of Dobrudža, i.e.: light and small bouncy hand movements and claps.

METER

2/4



counted here as



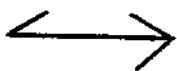
MUSIC:

CD "Bulgarian Folk Dances – JL2009.02

FORMATION: Open circle. Hand held at W-position

INTRODUCTION: 16 bars instrumental introduction

DIRECTION **MEAS** **CT** **PATTERN** **Part 1 "Song"**



1	1	facing diag and moving LOD, step on R heel
	&	step on L ft
	2	step on R ft
2		repeat action of meas 1 with opp ftwk
3		repeat action of meas 1



4	1	Facing diag, dancing in place, small lift (heel tap) on R ft, extending L leg fwd low and clap in both hands in front at shoulder hight
	2	repeat action of ct 1



5		small three-step in place turning diag L: step on L ft (ct 1), step on R ft ct &), step on L ft (ct 2)
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6		repeat action of meas 4 with opp ftwk & directions
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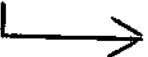






7	1	facing ctr, dancing in place, step on R ft
	2	stamp L ft, without wt, next to R ft

8	1	step on L ft
	2	stamp R ft, without wt, next to L ft

9-16		repeat action of meas 1-8
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STAPIL DOBRI (page 2 of 3)

<u>DIRECTION</u>	<u>MEAS</u>	<u>CT</u>	<u>PATTERN</u> Part 2 "Instrumental"
	1	1	facing and moving in LOD, leap onto R ft
		2	step on L ft
	2		repeat action of meas 1
	3	1	facing ctr and moving sdwd L,
		2	leap onto R ft sdwd R, swinging arms fwd low step on L ft across behind R ft, swinging arms down
	4	1	step on R ft sdwd R
		2	hop on R ft, swinging arms bkwd low
	5	1	facing ctr, moving in a loop fwd-L
		2	step on L ft hop on L ft
	6	1	step on R ft, across in front of L ft
		2	hop on R ft
	7	1-2	facing ctr, moving bkwd two running steps L,R
	8		small set-like three-step in place: step on L ft (ct 1), step on R ft ct &), step on L ft (ct 2)
	9-16		repeat action of meas 1-8



Dance description by Jaap Leegwater
 Presented by Jaap Leegwater at the Camillia Festival, Sacramento, CA in March 2010
<http://www.jaapleegwater.com>

Stâpel Dobri 6/8

Bulgaria

A D A D A
D A D Em Hm

Lied

Stâ-pel do-bri stâ-pel do-bri na byal mer-mer ka-mak
da-si me-ri da-si me-ri ši-va gur-gu-li-ca

Hm A D
Hm G Em A Hm Em Hm

Ne umeri, ne umeri
Šiva gurgulica
Naj umeri, naj umeri
Kletoto si sârce

Vikna dobri, vikna dobri
Vikna ta zaplaka
Vikna dobri, vikna dobri
Vikna ta zaplaka

Deto padna, deto padna
Tam me zarovate
Do glava mi, do glava mi
Konče zavaržete

Kon da rovi, kon da rovi
Mene da zarovi
Kon da cvili, kon da cvili
Mene da oplakva