

DO TRI PĀTI

TRANSLATION AND BACKGROUND : "three times trough" a *Pajduško* from the village of Gradiste, Pavlikenski district in Northern Bulgaria (Severnjasko).  
The title of the dance refers to how many times the first step is done before moving forward, probably originally used as a reminder or nickname. The dance is also called *Gradiško Horo*.

MUSIC : LP "Folk Dances from Bulgaria - 3"  
by Jaap Leegwater JL 1985.01 Side 2, Band 8.

SOURCE : North Bulgarian danceresearcher and choreographer Ivan Donkov grew up with this dance in his native village *Gradište*. He taught it to Jaap Leegwater in Bulgaria in 1979.

METER : 5/8  counted here as

Characteristic for this version of *Pajduško* is the 6+6 measure structure in both the musical- and dance phrases.

STYLE : *Severnjaški*.  
Two main features of the North Bulgarian dance style are especially to be found in the performing of *Do tri pāti*:  
1. Jumpy and lively steps  
2. Active and vivid armswinging

FORMATION : Closed circle, hand hold in W-position.

INTRODUCTION : 12 measures

DO TRI PĀTI (continued)

<u>MEAS</u>	<u>PATTERN</u>	<u>Part 1 "Basic"</u>		
1	facing ctr, dancing in place, step on R ft across in front of L ft (ct 1), step on L ft in place (ct 2)	} <i>Pajduška R</i>		
2	hop on L ft (ct 1), step on R ft next to L ft (ct 2)			
3-4	repeat action of meas 1-2 with opp ftwk			
5	repeat action of meas 1			
6	facing ctr, moving diag R fwd, hop on L ft, swinging arms straight fwd low (ct 1), step on R ft, swinging arms down (ct 2)			
7	hop on R ft, swinging arms straight bkwd low (ct 1), step on L ft, swinging arms straight fwd low (ct 2)			
8-9	keep facing ctr, moving diag L bkwd, repeat action of meas 6-7			
10	facing ctr, dancing in place, repeat action of meas 1			
11	facing ctr, moving bkwd, hop on L ft, swinging arms fwd low (ct 1), step on R ft, swinging arms low (ct 2)			
12	hop on R ft, swinging arms bkwd low (ct 1), step on L ft, swinging arms back to W-position			
	Note: meas 6-7 big steps meas 8-9 smaller steps meas 11-12 big steps			
13-14	repeat action of meas 1-12			

Part 2 "Sideways"

1-3	facing ctr, moving sdwd L, repeat action of meas 1 of Part 1 three times	} <i>three Pajduška's R</i>	
4	facing ctr, dancing in place, hop on L ft, swinging R ft in a little arc bkwd (ct 1), step on R ft behind L ft (ct 2)		} <i>Reel step</i>
5	repeat action of meas 4 with opp ftwk		
6	close R ft with a sharp click against L ft (ct 1), fall onto R ft, swinging L ft in an arc fwd close along the floor	} <i>Globka R</i>	
7-12	repeat action of meas 1-6 with opp ftwk and directions		
13-24	repeat action of meas 1-12		

Repeat the whole dances from the beginning four more times.