

# SCOTTISH MIX-UP

Scotland

This is a recreational dance mixer in random circles of three or so couples. It was adapted from Quaker Mix-Up and can be done to any 32-bar reel (or strathspey). Fun is in adapting to any mix-ups: role changes, lost partners, extra big circles, etc. Notes by Yvonne Couvillion.

FORMATION: Circles of 3 or so couples facing center, W on right of M, near hands joined in W-hold with partner. Toes turned out, right foot free.

BASIC STEP: Reel: hop-step-together-step. (Strathspey: slower step-together-step-lift)

METER: 4/4

INTRODUCTION: Chord: bow/curtsey to partner.

Measure                      FIGURE A. – *Advance and Retire; Turn Once Round*

1-2                                Advance toward center with partner in 2 basic steps, drop hds

3-4                                Taking near hds with corner, back up from center in 2 basic steps

5-8                                Turn corner CW once round in 4 basic steps and open to place.  
(Note: taking R hands is traditional, but two hands may be less confusing)

9-16                                Repeat measure 1-8, but advance with corner, retire with partner, turn CCW with partner. Open to place allowing W to continue momentum in.

FIGURE B – *Ladies Right Hands Across; Turn New Partner Left*

17-24                                All W star right in center 4 reel steps (or 2 strathspeys), then turn the nearest M by the L hd in 4 reel steps (or 2 strathspeys). (Repeat only if strathspey time). Keep this new partner.

FIGURE C – *Promenade Anywhere to Circle with New Neighbors*

25-28                                Join R hds over L, skater's hold, to promenade anywhere 4 basic steps

29-32                                Continue to promenade CCW with 2 or so other couples in a circle 4 more basic steps. Open out at end, M backing up, expanding circle, all facing center. Drop skater's hold, take near hds, ready to repeat dance.