

CARIBE SALSA MIXER

Cuba/USA

This is a 16-measure salsa circle mixer. Any moderate to slow salsa music can be used. "El Sol de La Noche" (slow) is from the Scottish band Salsa Celtica. "Vamos al Caribe" (moderate) is from World Party CD. Notes by Yvonne Couvillion.

FORMATION: Circle of couples facing partner holding both hands, M on inside ring with back to center, M L ft free, W R ft free.

METER: 2/4

BASIC STEP: Salsa: Quick, Quick, Slow: Step away, return home, together hold. Bend knees, let hips sway. Keep steps and weight near "home".

INTRODUCTION: Music varies, start with main melody.

Measure FIGURE A – *Cross Behind and Turn*

1-2 M L, W R: cross behind (CW in circle), return home, together hold.
 Repeat with opp ft and direction (CCW in circle).

3-4 Repeat meas. 1. Drop hds, cross behind as in meas. 2 but continue turning solo back to place on cts 2&3, hold at home. Recapture hds.

FIGURE B – *Cross in Front and Turn*

5-6 M L, W R: cross in front (CW in circle), return home, together hold.
 Repeat with opp ft and direction (CCW in circle).

7-8 Repeat meas. 5. Drop hds, cross in front as in meas. 6 but continue turning solo back to place on cts 2&3, hold at home. Take ballroom hold.

FIGURE C – *Four Directions*

9-10 M L, W R: step out from circle, return home, together hold. Repeat with opp ft and direction (towards center). This is the basic ballroom salsa.

11-12 M L, W R: step sideways CCW in circle, return home, together hold.
 Repeat with opp ft and direction (sideways CW).

FIGURE D – *Cross Behind and Progression*

13-14 M L, W R: cross behind (CW in circle), return home, together hold. Repeat with opp ft and direction (CCW in circle). Release hds.

15-16 M repeat meas. 13-14 solo as W take 2 salsa traveling steps (walk, walk, walk, hold) to loop CW out and away from this partner to next partner CW in circle. Take both hds, ready to repeat dance.